



## RESTORATIVE YOGA with Karla Brodie & friends

Join us for two special classes to celebrate spring & help support some lovely Tibetan Monks in Nepal

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SUNDAY 26 SEPTEMBER, 4.30-6.30PM  
& SUNDAY 31 OCTOBER, 4.30-6.30PM

SAINT COLUMBA CHURCH HALL  
92 SURREY CRES, GREY LYNN

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//////////////////////////////////// Please book: [karla.brodie@gmail.com](mailto:karla.brodie@gmail.com), 021 964 252 or (09) 424 0617 //////////////////////////////////////

RECOMMENDED OFFERING \$25 — Tea & treats provided