



RESTORATIVE YOGA *with* Karla Brodie & friends

Join us for two special classes to celebrate spring & help support some lovely Tibetan Monks in Nepal

SUNDAY 26 SEPTEMBER, 4.30-6.30PM
& SUNDAY 31 OCTOBER, 4.30-6.30PM

SAINT COLUMBA CHURCH HALL
92 SURREY CRES, GREY LYNN

//////////////////////////////////// Please book: karla.brodie@gmail.com, 021 964 252 or (09) 424 0617 //////////////////////////////////////

— RECOMMENDED OFFERING \$25 — Tea & treats provided —